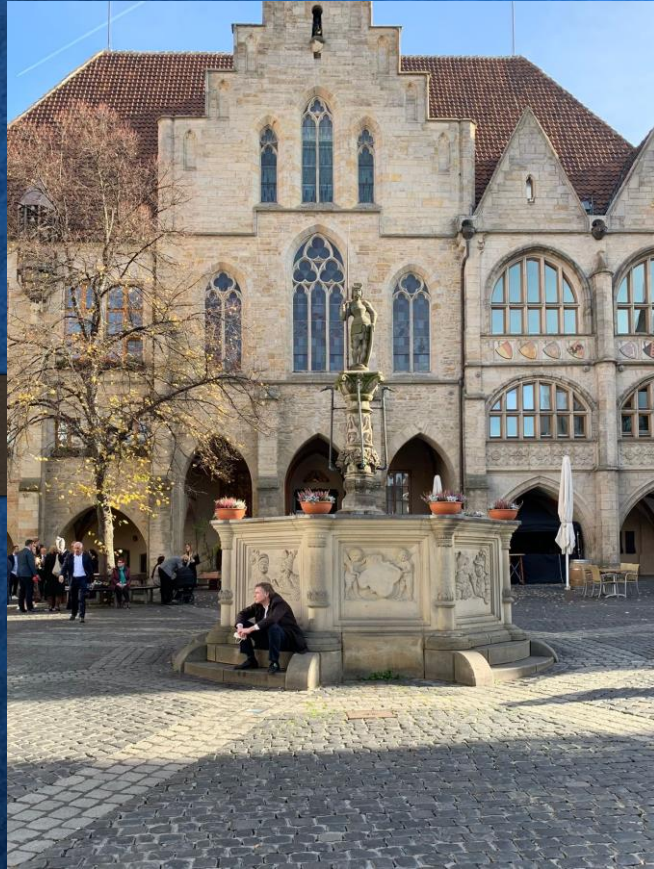


# Michał

*Medicine, V year, academic year 21/22*



*Medizinische Hochschule Hannover, Germany*



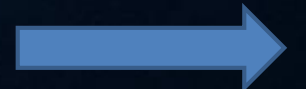
**E+: General information about the Host University, the organization of the academic year, the offer for students coming under the Erasmus+ Program and is it possible to "receive" Buddy?**

*G: The academic year at MHH is divided into five quintiles, lasting 7 weeks (with the last week dedicated to the session). For an Erasmus+ student, this means in practice that they can have up to 5 examination sessions during one academic year. On the one hand, a disadvantage, on the other, an advantage, because each of these sessions consists of 2-3 exams with different levels of difficulty. It's hard to get your head around it at first, but basically it's a very nice system for exchange students as there are different modules in each quintile. From my experience, it looked like this that in the years III - V, students had one Z module, i.e. a module in which lecture subjects were held, and then modules A-D, in which other subjects were held. The difference between these modules is that the Z modules take place (or at least they did when I studied at MHH) in the first quintile (October/November) for year IV and in the third quintile (February/March) for year III. During the remaining quintiles, individual modules take place simultaneously - the point is that each year is divided into four large groups. Each of them goes through the year in a different order of modules, which is what the individual groups get their names from, e.g. 4ZABCD, 4ZCDAB. In practice, this means that you have four chances to fit each of the subjects in your schedule, because the fact is that Erasmus students at MHH can enjoy quite a lot of freedom in organizing their schedule.*

*What subjects you pass in individual sessions depends on the order in which you completed the subjects. While in the case of Z modules, the matter is simple, they can be taken once a year, exams are held once a year, but in the case of other subjects, the matter is more difficult.*



**Ciąg dalszy na kolejnym slajdzie.**





*Fourth year examinations take place after the third and fifth quintiles. After the third quintile, you pass those fourth-year subjects you completed in the second and third quintiles, and after the fifth quintile, you pass those subjects you did in the fourth and fifth quintiles. Similarly for subjects from the fifth year - subjects that you complete in the first and second quintiles you take after the second, and those that you take in the third and fourth quintiles after the fourth. So much for the organization of the year, but what does the offer for Erasmus+ students look like? We started the year with a two-week course in German, which was conducted in a combined way for us, medical students and veterinary students. It was a very nice beginning, because it allowed us to quickly get to know each other and develop friendships that, to a greater or lesser extent, lasted throughout the rest of the academic year.*

*The university provided us with support in applying for recognition of our EHIC card in one of the two insurance companies - the procedure is not very complicated, and I can confirm from my own experience that the insurance works 😊*

*Although we did not have a specific Erasmus Buddy assigned to each of us, at the beginning of the year we were "taken care of" by two senior students, showed us around the campus, drove us to the center, and led us through the confusion that always accompanies the first days at the university. The support from students did not end with this "official delegation" - the MHH has a very good atmosphere among students, everyone is involved in mutual help, which is also reflected in relation to Erasmus students. The presence of people from the exchange always causes a positive surprise, which is quickly accompanied by an almost motherly care that every incoming student knows what to learn, has the necessary materials provided and that he feels good in the student community.*





**E+: Language in which classes were conducted?**

*M: German language, although the hosts would rather not have a problem with translating something in English.*

**E+: In the case of classes conducted in the national language, was it possible to take exams in English?**

*M: No, but you could bring a German-Polish dictionary.*

**E+: During the application process, did the University ask for a language certificate confirming the knowledge of the language of instruction? If so, what level was required?**

*G: Only a certificate was asked, it was not required per se.*





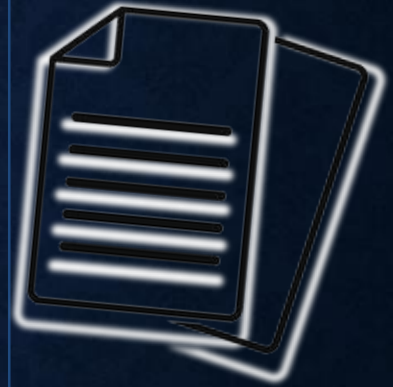
# *Germany*





**E+: Curriculum (were there major curricular differences? Did the syllabus more or less overlap with that in SUM? Was it difficult to match the subjects and create a Learning Agreement?):**

*G: Basically no, it's not a problem to find equivalents for Polish subjects, at least from the WNMK level. Even if you need to take subjects like Neurosurgery, Chirurgia Oncologiczna, Oncology, even though they are not directly included in the study program at the MHH, you can easily complete subjects such as Innere Medizin, Blockpraktikum Innere Medizin, etc., which cover the material provided for in Polish subjects and allow them to be counted. Important note - in Germany, each of the subjects that is not a subject of the Blockpraktikum ended with an exam, even if in Poland it is not necessary. This involves, for example, passing all gynecology, surgery, paediatrics and internal medicine in the fifth year of studies. It sounds scary, but it's really easy to get through it, even in German. And this is an obligation, because you can get ECTS points only for subjects that end with passing the exam. When arranging LA, I recommend contacting the Dean's Office in Germany and verifying with the ladies from the Dean's Office the possibility of implementing selected subjects. The coordinator in Germany did not have full knowledge about individual subjects, the rules of their implementation, therefore his instructions or signature on LA could be misleading, it is better to verify LA with the Dean's Office.*





**E+: Accommodation (does the Host University have dormitories? If so, how far were they from the places where the classes were conducted? Was it difficult to get a place in the dorm?):**

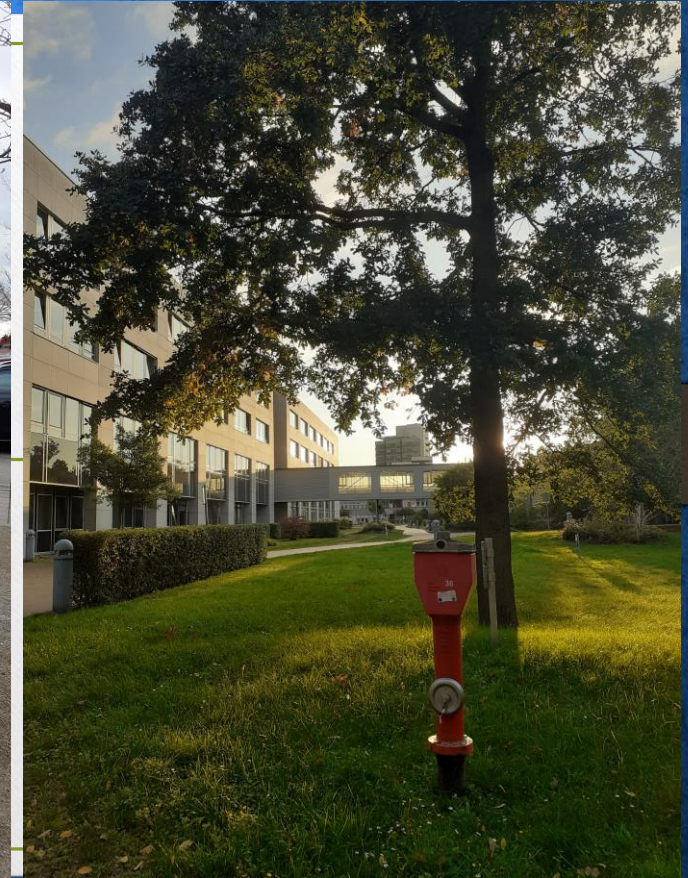
*G: The dormitories are located on both sides of the medical campus, both are close to the university (literally 5 minutes walk to any MHH building), close to the subway station and close to supermarkets. They differ a bit in the standard of rooms, location, and provision of common areas. The prices were bearable (slightly over EUR 200.00), the availability of places according to the university employees' guarantees is always and "everyone will get an apartment", and the process of applying for them was actually trouble-free, though chaotic, and the criterion of assigning to a particular dormitory was not fully understandable.*

*I got a room in a dormitory, which had a kindergarten on the ground floor, the aesthetic standard of the 90's, but was equipped with a neat, spacious shared bathroom, equipped with a microwave, oven, stove, kitchen, and on the ground floor there were public, free washing machines and dryers.*





# Germany





### **E+: How was public transport like?**

*G: Hannover is relatively well connected, it has about 10 metro lines that function like a tram outside the city center, and there are also a lot of buses and, of course, the S-Bahn. And now the best part - with the MHH student card and the payment of the semester fee, you can use public transport (up to regional trains) throughout the entire Niedersachsen state. So you can take the subway from the campus to Kröpcke for free, go to the main station, catch the regio train and take a train to Bremen, Hamburg or the North Sea.*



### **E+: Food (was there a canteen for students? Discounts on meals?):**

*G: Mensa existed, I didn't eat there, so it's hard for me to say what the quality and prices of the food were like. There is, however, a bar run by students, where you can sit down during the break, buy something to eat or drink, such as the club-mate, popular among German students. I recommend it, not everyone will like it, but I think it's worth it ^^*



### **E+: Difficulties encountered and tips on how to deal with them: :**

*G: The German Coordinator could mislead, so it's better to contact the ladies from the Dean's Office. The construction of the academic year, which is not clear at first glance, was certainly a difficulty. The issue of studying for a large number of exams in German may also seem a challenge, but here the Amboss platform comes to the rescue, to which you will receive free access as MHH students, and as I mentioned earlier - ask for help from your German colleagues, they they will surely advise you what to learn from. 😊*





## **E+: Useful information/contacts to help organize mobility?**

***G:** The person you can always turn to with any problems is Ms. Angela Steinhusen, the head of the International Office of the MHH. She is a kind, helpful person who, although she does not have great causative power, is able to guide you properly in the bureaucratic maze of MHH, stand up for you in other offices and try to arrange something for you.*

*The person who showed exceptional responsibility was also the Head of the Dean's Office, whose name I do not remember - she was the only one who was able to straighten my study plan after the Coordinator's interference in the MHH.*



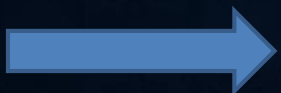
## **E+: Attractions in the area worth seeing**

***G:** Hannover is very, very nice. The city center is bathed in beautiful mannerist architecture, there are many nice places, e.g. in the Linden or Oststadt districts. In addition, the city is incredibly green - on the side opposite the MHH campus there is a wonderful Georgengarten park, adjacent to Leibniz Universität and the baroque Herrenhäuser Gärten complex - you can get to this area by metro line No. 4 towards Garbsen, straight from the MHH campus.*

*Georgengarten is especially worth visiting at the turn of spring and summer, when the greenery comes alive and the weather allows for picnics or barbecues with friends. Next to the baroque gardens there is also the SV Odin rugby club, also if you would like to practice this sport during the exchange - I wholeheartedly recommend it, very competent coaches and a great, friendly team.*



**Ciąg dalszy na  
kolejnym  
slajdzie.**





*As MHH students, you are also entitled to free admission to museums on certain days, as well as the opportunity to get free tickets, for example to the opera, which I recommend.*

*Erasmus+ does not stop at Hannover, because practically all of northern Germany is available for you with your tourist card. Hamburg and Bremen are obviously the easiest options, but even around Hannover there are quite a few charming towns such as Celle, Goslar or Hildesheim, where you will drown in half-timbered buildings. An hour's train ride to the south awaits you in the university city of Göttingen, and further north you can discover the advantages of Lüneburg or wonderful Lübeck, although in the latter case, access by regio connections could be more difficult, and above all - paid, after all, Lübeck is Schleswig-Holstein .*



### **E+: Overall mobility experience and advantages of participating in the Erasmus+ Programme:**

**G:** *I think that a one-year student exchange at the Medizinische Hochschule Hannover can be a great adventure for anyone who would like to improve their German language, get to know the German health care system, taste the German mode of study, meet an international group of medical students, but also penetrate for a moment into a specific world northern Germany. Although "moin" may be a bit jarring at the beginning, Hannover itself is friendly in terms of language, you don't hear dialects that are extremely difficult to understand. If you are hesitating whether you can handle it, or whether it is worth sticking your nose outside SUM at all, then I can say with full conviction - try it, because I think that MHH and the Erasmus+ exchange itself can positively surprise you to the same extent as it surprised you me. 😊*





# Niemcy

