

# Patrycja

*Medicine, after II year, academic year 2021/2022*



*Aalborg University Hospital, Denmark*



**In which institution did the internship/traineeship take place?**



*The internship took place at the University Hospital in Aalborg, Denmark. They took place in the neurology department.*



**Did the internship take place as part of the obligatory internship during studies, additionally in order to gain experience, or was it a graduate internship in which part of the obligatory post-study internship was carried out?**

*It was a compulsory practice after the 3rd year (internal diseases).*

**If this was part of a compulsory internship, what was the procedure for recognition by the Ministry?**



*NOT APPLICABLE*



**The language level that you need to have to cope with everyday tasks, contact with the patient, etc.?**

*English at B2 level should be sufficient. All staff and almost all patients spoke English at a communicative level.*



**General impressions about the Host Institution, the organization of internships, what was the issue of food, did the facility have a canteen?**



*The organization of the practice was meticulously planned by the host department. Already before arrival, I received a plan of the welcome day, and later at the organizational meeting, we were given a plan of internships for the entire period (i.e. 2 months). At certain times, the assigned doctor changed, which was also included in the plan. The day always began with a conference where current affairs of the branch were discussed. Most of the conferences were conducted in Danish, but from time to time a patient called an interesting medical case and then the conference was conducted in English so that foreign students could also participate in the discussion. The atmosphere in the ward was very friendly. All the doctors tried to provide as much information as possible. The location also changed every week, so we could see the various parts of the work of this ward - admission of patients to the ER, work in hospital clinics, e.g. MS clinics, botulinum toxin treatment clinics, etc. The facility has 2 canteens and a shop. It is worth noting that the accommodation was organized by the hospital in a nearby dormitory and amounted to about DKK 700.00 per month.*



## Important information, contacts that will help in the implementation of mobility?



*The doctor Haider Faeq Hadhratee Al-Rubaiee, email: h.alrubaiee@rn.dk, is responsible for contacting students from the Erasmus+ Program in this hospital*

## Attractions in the area worth seeing?



*Aalborg is a small city but has a lot to offer. Worth seeing: the Museum of Modern Art, the Zoo and the city center with its boulevards. Skagen and the island of Fur are also worth a visit. Along the way, it is worth visiting the city 100 km away - Aarhus.*

## Advantages of going on an internship under the Erasmus+ Program?

*I met a lot of new people with whom I keep in touch. The whole trip broadened my horizons both in the field of neurology as well as interpersonal contacts and a broader view of health care. The Danish health care system differs significantly from the Polish one, in many aspects it is much better developed. Great emphasis is placed on communication with the patient and his family. This experience gave me a lot of ideas for future development, which is why I think that the trip under the Erasmus+ Program was a very good idea.*

