

Anna

Dietetics, II year, academic year 22/23



Marmara University, Turkey

E+: General information about the Host University, the organization of the academic year, the offer for students coming under the Erasmus+ Program and is it possible to "receive" Buddy?

A: Each student is assigned his or her own Buddy, who tries to help them acclimatise to their new surroundings. There is an ESN Marmara student organisation at the University, which tries to answer all the questions of foreign students and also organises cultural and social events and trips (Pamukkale, Cappadocia). Any questions related to the University can also be addressed to the Erasmus+ Office in Göztepe.

The University is very well organised. All information regarding, for example, classes, examinations, assessments or the organisation of the academic year can be found on the University's mobile application - Marmara Mobile.



E+: Language in which classes were conducted?

A: Turkish & English.

E+: In the case of classes conducted in the national language, was it possible to take exams in English?

A: Yes.

E+: During the application process, did the University ask for a language certificate confirming the knowledge of the language of instruction? If so, what level was required?

A: Yes, proof of communicative English was requested.



E+: Curriculum (were there major curricular differences? Did the syllabus more or less overlap with that in SUM? Was it difficult to match the subjects and create a Learning Agreement?):

A: It is not difficult to fill a Learning Agreement. In case of difficulties, please contact the Coordinator. Some of the courses that cannot be completed at the Partner University must be completed upon return to SUM.

E+: Accommodation (does the Host University have dormitories? If so, how far were they from the places where the classes were conducted? Was it difficult to get a place in the dorm?):

A: The University is not able to provide accommodation for Erasmus students. Accommodation must be found on your own. It is best to look for accommodation on the Asian side of the city - closer access to the universities.



Turkey



E+: How was public transport like?

A: Transport in Istanbul is extensive and constantly evolving. There are many options to choose from: buses, trams, metro, trains and ferries. To use public transport you need to buy an Istanbulkart (50.00 TRY), to which you then need to deposit money. The money is taken from the card each time you use public transport; the card can be recharged and more than one user can travel with it.

If the journey was not the full route you can look for a machine near the station to refund part of the ticket cost. Istanbulkart works on all the above-mentioned types of transport. There are also blue minibuses (Dolmuş) and taxis, however for these you must carry cash.



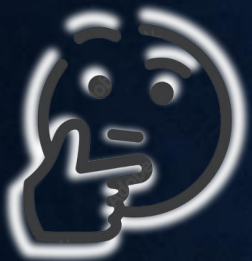
E+: Food (was there a canteen for students? Discounts on meals?):

A: A canteen is available at the university for students. You can check the menu for the whole weekend on the University's app (Marmara Mobile).

In order to use the canteen you need to pay money on your student card. Meals at the canteen are cheap - 1 meal costs TRY 5.00.



E+: Difficulties encountered and tips on how to deal with them: :



A: When making an Ikamet card, it is safest to specify e-mail as the preferred form of communication, as the mobile number may expire.

The tourist mobile number is blocked after approximately 2 months. After this period, a new tourist number can be purchased for the same period or the number can be registered using Ikamet (cheaper option).

E+: Useful information/contacts to help organize mobility?

A:

- 1. 1 Once you have received the necessary documents from the University, you can go to the IETT office and make a Student Istanbulkart. Public transport with a student card is cheaper; a monthly ticket after the new year is 140.00 TRY for 200 journeys.*
- 2. It's worth buying a Müzekart Akademi once you have your student card - much lower prices to museums.*
- 3. the most popular messenger in Turkey is WhatsApp. For each semester, ESN creates a group on the messenger for international students.*
- 4. If you stay for a whole semester it is worth taking a second phone with you, as your phone will be blocked after 6 months.*
- 5. In order to stay legally in Turkey for more than 90 days, it is necessary to obtain a temporary residence card - Ikamet. The application for this document is made online through the website: <https://e-ikamet.goc.gov.tr/> In order to be able to complete the application it is necessary to provide a Turkish mobile number.*



E+: Attractions in the area worth seeing



***A:** Istanbul is a city full of fascinating tourist attractions and sights. There is sure to be something of interest for everyone given the opportunity to spend time in this city. Some of the places worth visiting are: Galata Tower, Hagia Sophia, Tokapi Palace, Ortaköy Mosque, Dolmabahçe Palace, Beylerbeyi Palace, Küçüks Palace, Basilica Cistern, Theodosius Cistern, Archaeological Museum, Grand Bazaar, Egyptian Bazaar, Eyüp Sultan Mosque.*

E+: Overall mobility experience and advantages of participating in the Erasmus+ Programme:

***A:** Going on a student exchange as part of the Programme was an amazing experience for me and certainly one of the best moments of my life. It was not only an opportunity to acquire new skills and knowledge, but also for personal growth and experience. The exchange allowed me to get to know a new language, culture and people. It also enabled me to make new friends and acquaintances.*



Turkey

