

Diogo

Medicine, V year, academic year 2024/2025

From: University of Porto, Portugal

Experiences – Mobility in the Medical University of Silesia in Katowice

Why did you choose our university?

I chose SUM because it offers courses in English and a broad curriculum, providing flexibility when drafting my Learning Agreement. Additionally, its geographic location offers proximity to historically significant sites and excellent accessibility.



What was your English level in the beginning of the mobility and was it enough to understand everything during lectures?

My English level was C2, which was fully adequate for understanding all lectures.

What are your overall impressions of the studies and Medical University of Silesia?

The education was hands-on, clinically oriented, and case-based. The university offers excellent facilities and high-quality teaching.



What did you like the most about our university?

The quality of the teaching.



**What is your overall impression of Poland (what do you think about Poland?
What was the most shocking in our country?)?**

Beyond linguistic and cultural differences, Poland is socially distinct from Southern Europe in terms of demographics and interpersonal relationships. I now perceive Poland as a highly developed European country, particularly in science and transport infrastructure, with a strong collective appreciation for the arts, especially music. The most surprising aspect was its lush greenery and well-preserved forests.



**Are you happy with participation in Erasmus+ mobility programme
and do you recommend this experience to others?**

I am happy with my choice and have already recommended this experience to peers.