

Bogdan

Medicine, Doctoral School, academic year 2024/2025



University Hospital in Halle (Saale), Germany.

In which institution did the internship/traineeship take place?

***M:** I did my traineeship at the University Hospital in Halle (Saale), part of the Martin Luther University in Germany.*



Did the internship take place as part of the obligatory internship during studies, additionally in order to gain experience, or was it a graduate internship in which part of the obligatory post-study internship was carried out?



***M:** This was a traineeship after graduation during residency as a student at the SUM Doctoral School.*

If this was part of a compulsory internship, what was the procedure for recognition by the Ministry?

***M:** At this point, I do not yet have confirmation whether the traineeship will be recognised by the Medical Department as part of the compulsory clinical traineeship as part of the residency, so the matter remains open.*





The language level that you need to have to cope with everyday tasks, contact with the patient, etc.?

***M:** Although most doctors in Germany communicate in English, I strongly recommend a good knowledge of German. Being fluent in this language not only allows you to interact freely with patients and staff, but also makes it significantly easier to learn and actively participate in the work of the department. I believe that a B2 level is the minimum, but a C1 level gives you full comfort in your work.*



General impressions about the Host Institution, the organization of internships, what was the issue of food, did the facility have a canteen?



***M:** The traineeship was very well organised. The hospital provided me with a locker, scrubs and a card to access the operating theatre. I organised accommodation and insurance on my own. I was able to take advantage of cheap meals in the hospital canteen on site due to the large discount for trainees. The traineeship offered a lot of flexibility - you could train in the outpatient clinic, in the ED or in the operating theatre depending on your own interests always under the guidance of a senior doctor.*

Important information, contacts that will help in the implementation of mobility?

***M:** I would definitely recommend sending applications asking for traineeship opportunities to a number of German universities, as you will not always get a response, and the more attempts you make, the better your chances. Contacts gained at conferences, both at national and international ones, are also very useful. I personally met Prof. Arne Viestenz at a conference in Katowice, Poland, and later again in Vancouver, which made it much easier for me to organise the whole traineeship.*



Attractions in the area worth seeing?

***M:** Halle is a city comparable in size to Katowice. It is known for its rich cultural life, and is home to the museum of composer Georg Friedrich Handel and the Moritzburg art museum, among others. The city is peaceful, full of greenery and parks, with close access to lakes and the possibility of canoeing. Nearby is Leipzig - an even larger, more interesting city with many museums (e.g. nature museum, Egyptian museum, modern art) and numerous attractions.*

Advantages of going on an internship under the Erasmus+ Program?

***M:** I strongly recommend participating in an Erasmus+ Programme. It is an excellent opportunity to broaden your horizons, learn about a different healthcare system, gain unique clinical experience and learn new procedures. The trip also enables you to make valuable professional and scientific contacts that can lead to future collaborations. In addition, it is a chance for personal development, to learn about a different culture and to perfect a foreign language in practice. In my opinion, such a trip has only advantages and I would sincerely recommend it to anyone.*



