Mateusz

Medical Sciences, Doctoral School, academic year 2023/2024



Hospital Dr. Nelio Mendonça Funchal, Portugal

In which institution did the internship/traineeship take place?

M: I did my Erasmus+ student mobility placement in the department of gynaecology and obstetrics at Dr. Nelio Mendonca Hospital - Funchal, Madeira, Portugal.





Did the internship take place as part of the obligatory internship during studies, additionally in order to gain experience, or was it a graduate internship in which part of the obligatory post-study internship was carried out?

M: The trip was additional graduate training within the Doctoral School during residency specialty training - I have requested unpaid leave for this time and the training will be extended by this time.

If this was part of a compulsory internship, what was the procedure for recognition by the Ministry?



M: N/A

The language level that you need to have to cope with everyday tasks, contact with the patient, etc.?

M: Knowledge of Portuguese will greatly facilitate communication with staff and patients, while English is possible. If you do not know Portuguese, do not hesitate to go to Madeira.



General impressions about the Host Institution, the organization of internships, what was the issue of food, did the facility have a canteen?



M: The hospital is very attuned to Erasmus students. In the gynaecology department, the doctors have a positive attitude towards the interns and are helpful. Their involvement is directly proportional to the commitment and level of interest of the trainee. The big disadvantage of the exchange was the lack of an assigned specific supervisor in the hospital. Also, one had to look for an activity of some kind from day to day. The main area of activity in the hospital was divided into:

- I) delivery room with emergency room;
- 2) Gynaecology clinic (prenatal examination rooms ultrasound, K-counselling, invasive prenatal examinations);
 - 3) operating theatre.

Another disadvantage was the lack of flow of information that I was already a doctor everyone was surprised that a doctor could take part in the exchange. Initially I was not allowed to assist in invasive procedures, but once I explained that I was a resident I was allowed to assist in operations, suture perineum after childbirth, insert IUDs or do ultrasounds.

The hospital has a canteen where you can have breakfast and coffee in the morning and lunches are served from 12 noon - meat and vegetarian versions. Criminal prices.

Important information, contacts that will help in the implementation of mobility?

M: Madeira has quite a strong social network of foreigners - the expat community - I encourage you to find the relevant groups on Facebook and WhatsApp. Through these channels you can meet a lot of people and explore the whole island together.



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