

Milena

Medicine, mandatory traineeship, academic year 2024/2025



Fondazione Salvatore Maugeri I.R.C.C.S., Italy.

In which institution did the internship/traineeship take place?

***M:** I completed a traineeship at Fondazione Salvatore Maugeri I.R.C.C.S. in Pavia, Italy.*



Did the internship take place as part of the obligatory internship during studies, additionally in order to gain experience, or was it a graduate internship in which part of the obligatory post-study internship was carried out?

***M:** During my stay, I completed the mandatory traineeship after my third year.*

If this was part of a compulsory internship, what was the procedure for recognition by the Ministry?

***M:** N/A.*



The language level that you need to have to cope with everyday tasks, contact with the patient, etc.?

***M:** In my department (nephrology), many doctors spoke English, but I recommend at least a basic/intermediate level of Italian (A2/B1). Basic Italian was sufficient for everyday activities, but a better knowledge of the language was useful when communicating with patients.*



General impressions about the Host Institution, the organization of internships, what was the issue of food, did the facility have a canteen?



***M:** Contact with the host institution was very pleasant, and all my questions were answered immediately. Each day of the traineeship began with a ward round, after which, depending on the doctors' duties, we could stay in the ward, participate in operations or procedures, or accompany them during visits to the clinic. If you stayed in a student residence, you could get meals (3 meals a day), and there was a canteen in the hospital.*

Important information, contacts that will help in the implementation of mobility?

***M:** Hospitals in Pawi begin recruiting for traineeships in March, so I would recommend contacting them via email at tirocini.medicina@unipv.it during this period.*



Attractions in the area worth seeing?



***M:** Pavia itself is an amazing place that is worth spending at least 2-3 days exploring. In the immediate vicinity is Certosa di Pavia, a 14th-century monastery that is not to be missed. As for other places nearby, in my opinion, it is worth visiting Milan, which is only 30 km away (about 30-40 minutes by train), and Genoa (the train journey takes an hour).*

Advantages of going on an internship under the Erasmus+ Program?

***M:** The greatest advantage of participating in an Erasmus+ traineeship is the opportunity to compare healthcare systems in Poland and abroad. Personally, it was very important for me to meet many kind people during my stay in Italy and to establish long-term relationships, not just for the duration of the traineeship. It is worth spending some free time sightseeing, trying the local cuisine, and exchanging experiences with the people you meet, because rest is also an important part of the mobility. 😊*



