

Course description

Part 1

General information about the course			
1. Major of study: Nursing / Erasmus +		3. Study level: 2nd degree	
2. Study profile: general academic		4. Form of study: intramural	
		5. Cycle of study: 2025-2026	
6. Year: II		7. Semester: III-IV	
8. Course name: Specialist palliative care			
9. Course status: required			
10. Course contents:			
1. Developing skills in planning and providing nursing care for a patient in the advanced stage of a chronic, progressive, incurable disease, as well as collaborating within a therapeutic team.			
2. Shaping the ability to recognize the psychophysical condition of a patient in the advanced stage of an incurable disease and providing support to the patient and their family.			
3. Preparation for conducting the assessment and monitoring of pain treatment, as well as assessing and managing other symptoms associated with a progressive, untreatable disease in patients requiring palliative care.			
Assigned learning outcomes :			
For knowledge – student knows and understands: B.W1.; B.W4.; B.W12.; B.W44.; B.W48.			
For skills student can do: B.U.2.; B.U11.; B.U12.; B.U18.; B.U39.; B.U45.; B.U46.; B.U47.; B.U48.; B.U49.			
For social competencies student is ready to: KS.1, KS.2, KS.3, KS.4, KS.5, KS.6			
11. Number of hours for the course	60	12. Number of ECTS points for the course	3
13. Method of passing the course: credit			
14. Methods of verification and evaluation of learning outcomes			
Learning outcomes	Methods of verification **	Methods of evaluation* /grading**	
Knowledge	Oral report	Oral assessment	
Skills	Report Observation Practical assessment	100% attendance; Oral assessment; answering questions about the discussed clinical cases; Reporting and discussing with the practical class supervisor the implementation of health services;	
Competencies	Observation	Oral assessment	

* in the case of an exam/graded credit, it is assumed that the grade means at the level:

** in accordance with the course regulations

Very good (5,0) – the assumed learning outcomes have been achieved and significantly exceed the required level

Better than good (4,5) – the assumed learning outcomes have been achieved and slightly exceed the required level

Good (4,0) – the assumed learning outcomes have been achieved at the required level

Better than satisfactory (3,5) – the assumed learning outcomes have been achieved at the average required level

Satisfactory (3,0) – the assumed learning outcomes have been achieved at the minimum required level

Unsatisfactory (2,0) – the assumed learning outcomes have not been achieved

Course description

Part 2

Other useful information about the course		
15. Name of Department, mailing address, e-mail: Department of Palliative Medicine and Palliative Care, Chair of Nursery address: ul. Medyków 12, 40-752 Katowice tel. 32-208-87-30 e-mail: klaudia.pietrzyk@sum.edu.pl web site: Zakład Medycyny i Opieki Paliatywnej		
16. Name of the course coordinator: Marcin Janecki MD, PhD		
17. Prerequisites for knowledge, skills and other competencies: Having basic knowledge and skills in fundamental nursing, physical examination, ethical principles, and performing diagnostic and therapeutic procedures.		
18. Number of students in groups	In accordance with the Senate Resolution	
19. Study materials	Dep. of Palliative Care and Palliative Medicine announcement table	
20. Location of classes	Dep. of Palliative Care and Palliative Medicine announcement table	
21. Location and time for contact hours	Dep. of Palliative Care and Palliative Medicine announcement table	
22 Learning outcomes		
Number of the course learning outcome	Course learning outcomes	Reference to learning outcomes indicated in the standards
P_K01	The student knows and understands the mechanisms of action of medicinal products and their transformations in the body depending on age and health issues;	B.W1.
P_K02	The student knows and understands the symptoms and side effects of drugs containing specific active substances;	B.W4.
P_K03	The student knows and understands the predictors of functioning of healthy and sick individuals, taking into account chronic illness;	B.W12.
P_K04	The student knows and understands methods of pain assessment in various clinical situations and pharmacological as well as non-pharmacological methods of its treatment;	B.W44.
P_K05	The student knows and understands the impact of chronic illness on a person's psychophysical functioning and the formation of interpersonal relationships;	B.W48.
P_S01	The student is able to interpret the pharmaceutical characteristics of medicinal products;	B.U2.
P_S02	The student is able to diagnose health risks in a patient with a chronic disease;	B.U11.
P_S03	The student is able to assess a patient's adaptation to a chronic disease;	B.U12.
P_S04	The student is able to implement therapeutic interventions depending on the assessment of the patient's condition within their professional qualifications;	B.U18.
P_S05	The student is able to recognize the psychological situation of the patient and their reactions to illness and the treatment process, as well as provide motivational and educational support;	B.U39.
P_S06	The student is able to assess the intensity of pain according to scales, taking into account the patient's age and clinical condition;	B.U45.
P_S07	The student is able to select and apply pharmacological pain treatment methods and use non-pharmacological pain management methods depending on the patient's clinical condition;	B.U46.

P_S08	The student is able to monitor the effectiveness of pain treatment;	B.U47.
P_S09	The student is able to educate the patient on self-monitoring and self-care in pain therapy;	B.U48.
P_S10	The student is able to use standardized tools to assess the patient's nutritional status;	B.U49.
P_C01	The student is ready to critically assess their own actions and the actions of collaborators while respecting differences in worldview and culture;	KS.1
P_C02	formulate opinions on various aspects of professional activity and seek expert advice when having difficulty solving problems independently;	KS.2
P_C03	show concern for the prestige of the nursing profession and professional solidarity;	KS.3
P_C04	solve complex ethical problems related to the practice of nursing and set priorities in carrying out specific tasks;	KS.4
P_C05	take responsibility for the health services provided;	KS.5
P_C06	demonstrate a professional approach to marketing strategies of the pharmaceutical industry and the advertising of its products.	KS.6
23. Teaching methods: expository, problem-based, programmed, practical		
24. Forms and topics of classes:**		Number of hours 60
24.1. Lectures		-
24.2. Seminars		20
Palliative care for adults and children – assumptions and tasks of the therapeutic team. Needs of the patient at the end of life – tasks concerning the patient and their family. The impact of chronic illness on the patient’s functioning, relationships between the patient and their family and caregivers. Ways of communicating with the patient and their family.		4
Recognizing the psychological situation of the patient and their reactions to the illness and treatment process, assessing the patient’s level of adaptation to a chronic and incurable disease and their psychological-spiritual state. Forms of motivational and educational support provided.		3
Forms of support during the bereavement period. Ethical aspects of care for terminally ill patients– sedation, euthanasia, aggressive therapy, accompanying a dying patient. Prevention of professional burnout syndrome. Methods of coping with stress.		3
The nurse's involvement in symptomatic treatment of patients under palliative care and the use of medications containing specific active substances, based on a targeted assessment of the patient's condition. Pharmacological and non-pharmacological methods of treatment.		3
Assessment and monitoring of pain in various clinical situations. Principles of treating chronic and breakthrough pain. Monitoring the effectiveness of pain treatment. Pharmacological and non-pharmacological methods of pain management. Forms of patient education in self-managing pain therapy. Mechanisms of action, interactions, and side effects of drugs used in palliative care.		4
Cachexia-anorexia-asthenia. Standardized tools for assessing the patient's nutritional status and the severity of other symptoms accompanying the disease.		3
24.3. Exercises		-
24.4. Clinical exercises		-
24.5. Practical classes		40
Recognizing the needs of a patient in the advanced stage of an incurable disease. Diagnosing and implementing various forms of assistance and therapeutic care for patients, depending on the assessment of the patient's condition within the scope of professional qualifications.		10
Recognizing the psychological situation of the patient and their reaction to the disease and treatment process. Providing support to patients under palliative care in terms of physical, psychological, spiritual, and social expectations and needs. Providing support to the family and caregivers. Accompanying the dying patient.		10
The nurse's role in symptomatic treatment of patients receiving palliative care and the use of medications containing specific active substances, based on a targeted assessment of the patient's condition.		10

Assessment of chronic pain. Participation in monitoring and documenting the evaluation and the pharmacological and non-pharmacological methods of pain management. Patient education regarding self-management of pain therapy. Assessment of the patient's nutritional status in palliative care.	10
24.6. Low-fidelity simulations	-
24.7. High-fidelity simulations	-
24.8. Self-study	-
25. Overview of ECTS:	
ACTIVITY	NUMBER OF HOURS / STUDENT WORKLOAD
Hours of classes according to the schedule with a teacher (in-person)	60
Self-study	0
Professional training	0
TOTAL HOURS	60
TOTAL NUMBER OF ECTS CREDITS	3
26. Readings:	
<p>Basic literature: de Walden-Gałuszko K., Kaptacz A.: Pielęgniarstwo opieki paliatywnej. Wydawnictwo Lekarskie PZWL, Warszawa 2017 Rémi C., Bausewein C., wyd. polskie, red. Ciałkowska-Rysz A.: Leki w medycynie paliatywnej. Edra Urban & Partner, Wrocław 2021</p> <p>Supplementary literature: Rogiewicz M. (red.): Praktyczny podręcznik psychoonkologii dorosłych. Medycyna Praktyczna, Kraków 2020 Malec-Milewska M., Krajnik M., Wordliczek J.: Chory na nowotwór – kompendium leczenia bólu, wyd. 1. Wyd. Medical Education, Warszawa 2016 Krajnik M., Malec-Milewska M., Wordliczek J. (red.): Chory na nowotwór – kompendium leczenia objawów towarzyszących. Wyd. Medical Education, Warszawa 2015</p> <p>Journals: Medycyna Paliatywna. Dostępne: https://www.termidia.pl/Czasopismo/Medycyna_Paliatywna-59 Czasopismo: Palliative Medicine in Practice. Dostępne: https://journals.viamedica.pl/palliative_medicine_in_practice/</p>	
27. Detail evaluation criteria	
<p>In accordance with the recommendations of the inspection bodies Completion of the course – student has achieved the assumed learning outcomes Detail criteria for completion and evaluation of the course are specified in the course regulations</p>	