

## Course description

### Part 1

Informacje ogólne o przedmiocie			
<b>1. Major of study:</b> Physiotherapy		<b>2. Study level:</b> unified MSc	
		<b>3. Form of study:</b> intramural	
<b>4. Year:</b> : IV		<b>5. Semester:</b> VIII	
<b>6. Course name:</b> Specialized soft tissue therapy			
<b>7. Course status:</b> optional			
<b>8. Treści programowe:</b> Familiarizing students with the theoretical foundations of selected soft tissue therapy methods. Acquiring skills in selected specialized techniques used in the diagnosis and therapy of soft tissues. Learning outcomes/reference to learning outcomes contained in (underline as appropriate): education standards (Regulation of the Minister of Science and Higher Education)/Resolution of the Senate of the Medical University of Silesia (provide terms contained in education standards/symbols of outcomes approved by the Resolution of the Senate of the Medical University of Silesia) in terms of knowledge, the student knows and understands: C.W7, C.W8 in terms of skills, the student is able to: C.U10 in terms of social competences, the student is ready to: OK_K05, OK_K06, OK_K07			
<b>9. Number of hours for the subject (contact hours/including communication hours*/self-study*)</b>	15/ - / -	<b>10. Number of ECTS points for the course</b>	1
<b>11. Form of assessment:</b> graded assessment			
<b>12. Methods of verification and evaluation of learning outcomes</b>			
Learning outcomes	Methods of verification	Methods of evaluation*	
Knowledge	Written evaluation – Test exam, single choice test Multimedial presentation	*	
Skills	Observation Practical exam	*	
Competencies	Observation	*	

\* if required by the education standard

\*\*in the case of an exam/grade assessment, it is assumed that the grade corresponds to the following level:

\*\*\* in accordance with the course regulations

**Very good (5,0)** – the assumed learning outcomes have been achieved and significantly exceed the required level

**Better than good (4,5)** – the assumed learning outcomes have been achieved and slightly exceed the required level

**Good (4,0)** – the assumed learning outcomes have been achieved at the required level

**Better than satisfactory (3,5)** – the assumed learning outcomes have been achieved at the average required level

**Satisfactory (3,0)** – the assumed learning outcomes have been achieved at the minimum required level

**Unsatisfactory (2,0)** – the assumed learning outcomes have not been achieved

## Course description

### Part 2

<b>Other useful information about the course</b>		
<b>12. Name of Department, mailing address, e-mail:</b> Department of Kinesitherapy and Special Methods Medyków 12 street, 40-752 Katowice, tel. (32) 208-87-12 tmichalski@sum.edu.pl		
<b>13. Name of the course coordinator:</b> PhD, PT Tomasz Król		
<b>14. Prerequisites for knowledge, skills and other competencies:</b> Knowledge and skills in the field of subjects: manual therapy and special methods of physiotherapy. Cooperation in a group		
<b>15. Number of students in groups</b>	In accordance with the Senate Resolution	
<b>16. Study materials</b>	In accordance with the information in the course regulations	
<b>17. Location of classes</b>	In accordance with the classes schedule	
<b>18. Location and time for contact hours</b>	In accordance with the consultation schedule of the Department of Kinesitherapy and Special Methods, room 509, 5 floor, School of Health Sciences in Katowice	
<b>19. Learning outcomes</b>		
Number of the course learning outcome	Course learning outcomes	Reference to learning outcomes indicated in the standards
P_W01	Knows the theoretical, methodical and practical basics of the methods used in the treatment of the peripheral nervous system	C.W7
P_W02	Knows the indications and contraindications for therapy in the treatment of the peripheral nervous system	C.W8
P_U01	Demonstrates appropriate manual skills allowing the use of an appropriate technique in the field of therapy of the peripheral nervous system	C.U10
P_K01	Can critically assess their own knowledge and recognize opportunities that will improve their qualifications	OK_K05
P_K02	Can critically analyze valuable sources of information	OK_K06
P_K03	Can work and understand the principles of cooperation within a medical team	OK_K07
<b>20. Forms and topics of classes</b>		<b>Number of hours</b>
<b>20.1. Lectures</b>		<b>5</b>
Contemporary methods of soft tissue diagnosis and therapy. Diagnostic and therapeutic concepts in disorders and restrictions of the fascial system.		5
<b>20.2. Seminars</b>		<b>0</b>
<b>20.3. Labs</b>		<b>10</b>
Introduction to specialized fascial techniques and soft tissue therapy.		5
Introduction to specialized fascial techniques and soft tissue therapy- continuation.		5
<b>20.4 Self-study</b>		-
<b>21. Readings</b>		
1. Fascial Manipulation. Theoretical part. Luigi Stecco, Antonio Stecco. PICCIN 2017. 2. Fascial Manipulation. Practical part. Luigi Stecco, Antonio Stecco. PICCIN 2017.		
<b>22. Detail evaluation criteria</b>		
In accordance with the recommendations of the inspection bodies Completion of the course – student has achieved the assumed learning outcomes Detail criteria for completion and evaluation of the course are specified in the course regulation		

