

Course description

Part 1

General information about the course		
1. Major of study: Physiotherapy	2. Study level: unified MSc	
	3. Form of study: intramural	
4. Year: III/ cycle 2021-2026	5. Semester: V	
6. Course name: Physiotherapy in internal medicine in psychiatry		
7. Course status: required		
8. Course contents and assigned learning outcomes		
<p>The aim of the module is to familiarize students with the principles of dealing with people suffering from mental illnesses and to familiarize themselves with the organization of work of medical staff in a psychiatric ward. Understanding the forms of rehabilitation of these patients, the principles and scope of direct coercion.</p> <p>Learning outcomes / reference to learning outcomes included in the standards</p> <p>For knowledge - student knows and understands: DW3, DW4, DW14</p> <p>For skills student can do: DU47, DU49</p> <p>For social competencies student is ready to: presenting an attitude promoting a healthy lifestyle, promoting and being active creating a healthy lifestyle and health promotion during related activities practicing the profession and determining the level of fitness necessary to practice the profession of physiotherapist</p>		
9. Number of hours for the course		36
10. Number of ECTS points for the course		2
11. Methods of verification and evaluation of learning outcomes		
Learning outcomes	Methods of verification	Methods of evaluation*
Knowledge	single choice test and based on class attendance	*
Skills	Observation of skills acquired by the student during practical classes	*
Competencies	Observation of skills acquired by the student during practical classes	*

* The following evaluation system has been assumed:

Very good (5,0) – the assumed learning outcomes have been achieved and significantly exceed the required level

Better than good (4,5) – the assumed learning outcomes have been achieved and slightly exceed the required level

Good (4,0) – the assumed learning outcomes have been achieved at the required level

Better than satisfactory (3,5) – the assumed learning outcomes have been achieved at the average required level

Satisfactory (3,0) – the assumed learning outcomes have been achieved at the minimum required level

Unsatisfactory (2,0) – the assumed learning outcomes have not been achieved

Course description

Part 2

Other useful information about the course		
12. Name of Department, mailing address, e-mail: Department of Rehabilitation, Faculty of Health Science in Katowice, Medical University of Silesia in Katowice, Ziołowa street 45/47 40-635 Katowice. Phone number (32) 252 43 70 / dolko@sum.edu.pl		
13. Name of the course coordinator: Katarzyna Gwizdek MSc, PT, kgwizdek@sum.edu.pl		
14. Prerequisites for knowledge, skills and other competencies: Students have knowledge of the rules of conduct towards people suffering from mental illnesses and the organization of work of medical staff in the psychiatric ward. Students have knowledge of the forms of rehabilitation of these patients, principles and scope of direct coercion.		
15. Number of students in groups	In accordance with the Senate Resolution	
16. Study materials	Medical clothing	
17. Location of classes	Department of Rehabilitation, Faculty of Health Science in Katowice, Medical University of Silesia in Katowice, Ziołowa street 45/47 40-635 Katowice	
18. Location and time for contact hours	Department of Rehabilitation, Faculty of Health Science in Katowice, Medical University of Silesia in Katowice, Ziołowa street 45/47 40-635 Katowice, fixed hours according to the report available at the Cathedral's secretariat.	
19. Learning outcomes		
Number of the course learning outcome	Course learning outcomes	Reference to learning outcomes indicated in the standards
P_W01	The student knows the etiology, pathomechanism, symptoms and course of the most common diseases in the field of: cardiology and cardiac surgery, pulmonology, surgery, gynecology and obstetrics, geriatrics, psychiatry, intensive care, oncology and palliative medicine, to the extent that allows rational use of physiotherapy	D.W.3
P_W02	The student knows the principles of diagnosis and general principles and methods of treatment in the most common diseases in the field of: cardiology and cardiac surgery, pulmonology, surgery, gynecology and obstetrics, geriatrics, psychiatry, intensive care, oncology and palliative medicine, to the extent that allows rational use of physiotherapy	D.W4
P_W03	The student knows the specificity of dealing with a patient with	D.W 14

	mental illness and the principles of proper approach to him	
P_U01	The student is able to apply the principles of proper communication with the patient and communicate with other members of the therapeutic team	D.U.47
P_U02	The student is able to plan, select and modify programs for the rehabilitation of patients with various musculoskeletal dysfunctions and internal diseases depending on the patient's clinical, functional and mental (cognitive-emotional) state, his needs and the needs of actual caregivers.	D.U.49
20. Forms and topics of classes		Number of hours
20.1. Lectures		12
Non-pharmacological forms of psychiatric treatment		3
Causes of reduced physical capacity of patients with mental disorders		2
Contraindications to physiotherapy in mental illness		2
Physiotherapy measures used in various mental illnesses. Current guidelines - literature review.		3
Rules for the use of direct coercion		2
20.2. Seminars		6
Contraindications to physiotherapy in mental illness and physiotherapy measures used in various mental illnesses. Communication with a patient with mental disorders and his surroundings.		2
Physiotherapy in people with anxiety and depression and in people with somatic diseases and organic damage to the central nervous system.		2
Physiotherapy in the treatment of the effects of addiction and the side effects of psychotropic drugs		2
20.3. Practical classes		18
Contraindications to physiotherapy in mental illness and physiotherapy measures used in various mental illnesses.		3
Physiotherapy in people with anxiety and depression and in people with somatic diseases and organic damage to the central nervous system.		3
Physiotherapy in the treatment of the effects of addiction and the side effects of psychotropic drugs		3
Performing examinations and tests necessary for the selection of physiotherapy measures and the performance of therapeutic exercises, physical treatments and the use of appropriate therapeutic methods in people with mental illnesses.		3
Performing and presenting in the form of a show appropriate exercises and physical treatments in people with mental illnesses.		2
Forms of music therapy and the impact of music on brain functions and the use of an appropriate form of music in therapy		2
Forms of choreotherapy and the impact of dance on central nervous system functions. Therapeutic play function		2

20.4. Without a teacher	14
Getting to know the literature on the subject.	14
24. Readings	
1. Kwolek A. (red.): Rehabilitacja medyczna, Elsevier Urban & Partner, Wrocław 2013. 2. Cierpiątkowska L.: <i>Psychopatologia</i> . Warszawa: Scholar, 2007	
25. Detail evaluation criteria	
In accordance with the recommendations of the inspection bodies Completion of the course – student has achieved the assumed learning outcomes Detail criteria for completion and evaluation of the course are specified in the course regulations	