



Course: **Health Education**

Objectives: The course on Health Education aims to provide knowledge and skills to identify the healthy lifestyle behaviours and to enable student to prepare an educational project, plan the intervention and evaluate results with regard to different groups or populations.

Description: The content of the course include: health education principles, health education theories, health education concept and practice, planning health education programme, evaluation in health education, interpersonal communication skills for particular populations, determinants of learning, the educator role in learning, role of the family in health education, motivation, health behaviors of the learner, selection of models for health education.

Literature:

- Y.M Swanson, Community Health Nursing, Lippincott, New York, 2001.
- M. Stanhope, P Knollmueller, Handbook of public and community health nursing practice, Mosby Book, London, 2001.
- Gilmore, Needs & Capacity Assessment Strategies Health Promotion & Education, Jones and Barlet Learning, 2011.
- J.F. McKenzie, R.R. Cottrell, J.T. Girvan, Principles & Foundations of Health Promotion and Education, Benjamin, Cummings, 2011.
- S. Denman, A. Moon, C. Parsons, D. Stears, The Health Promotion School, Routledge, London, 2002.
- M.E. Walsh, J.A. Murphy, Children, Health and Learning. A Guide to the Issues, Praeger, Westport, 2003.
- Health Promotion International, Health Education Research

Teaching: conversations/case study
 120 hours

Examination: combined exam: oral+project/test/essay

ECTS:4

Person responsible: Mariusz Geremek, MD
 Public Health Department
 School of Public Health
 Medical University of Silesia
 Katowice, Poland